

Be Lead Safe!

Check your environment for the following possible sources of lead poisoning:

- ☐ Bare soil, especially near major roads, and near drip line of house
- ☐ Old painted playground equipment
- ☐ Vinyl playground equipment
- ☐ Car batteries
- ☐ Vinyl mini-blinds, vinyl telephone cords, and other vinyl products
- ☐ Water contaminated from lead solder or brass pipes
- ☐ Old painted wooden cribs, old painted toys, and painted antiques
- ☐ Painted walls that are peeling or chipping
- ☐ Lead-based paint on the walls inside or outside of the building (dust)
- ☐ Imported crayons, pottery, toys, candies, canned goods, and printed materials
- ☐ Vinyl children's toys
- ☐ Water coolers (drinking fountains)
- ☐ Stained glass
- ☐ Brass (figurines, bells etc.), bullets and fishing weights
- ☐ Artist paints and lead glazes

If you have checked any of the above, keep children away from the area or object until you can confirm that lead is present and take the appropriate actions to prevent lead poisoning.

Follow these basic steps to help prevent children from being lead poisoned:

- ☐ Have your water, soil, paint, and dust tested for lead by an Environmental Health Specialist at the local Health Department
- ☐ Cover bare soil with six inches of lead free soil or mulch, and plant grass or bushes over the bare soil
- ☐ Supervise children at play to prevent them from eating soil or paint chips
- ☐ Remove and replace old painted or vinyl playground equipment
- ☐ Keep items such as old car batteries and old paint containers from children's reach
- ☐ Remove vinyl mini-blinds and replace them with certified lead free mini-blinds
- ☐ Use only cold water that has run for a few minutes for cooking, drinking, or making baby formula
- ☐ Do not let children chew on painted surfaces such as porch rails and old baby cribs
- ☐ Don't vacuum paint chips or dust. Always damp mop or wipe. If you must vacuum lightly spray the carpet before vacuuming to keep lead dust from spreading
- ☐ Maintain painted surfaces to control flaking, chipping, peeling paint
- ☐ Don't let children eat or use imported items unless they have been tested and proven to be lead free
- ☐ Store food in lead safe containers such as plastic or glass not in cans
- ☐ Wash children's hands before eating, sleeping, and after outside play
- ☐ Remove shoes before coming into the building from outside
- ☐ Don't let children use vinyl children's toys or brass objects
- ☐ Encourage parent's to have their children tested for lead poisoning
- ☐ Learn more about lead poisoning and how to prevent it